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## COMMUNITY GROUPS/ORGANISATIONS

### Banbridge/Craigavon LGBT Group

tel: 07597 977849

web: [www.bebo.com/BanbridgeCraigal](http://www.bebo.com/BanbridgeCraigal)

email: [eharland-powell@live.com](mailto:eharland-powell@live.com) or

[cara@coso.org.uk](mailto:cara@coso.org.uk)

*Support/social group for the LGBT community in the Banbridge & Craigavon areas.*

### Belfast Butterfly Club

PO Box 210, Belfast, BT1 1BG

tel: (028) 9267 3720

web: [www.belfastbutterflyclub.co.uk](http://www.belfastbutterflyclub.co.uk)

*A social/support group for transgender, transvestite and cross-dressers regardless of sexual orientation.*

### Belfast Out Resource Centre (BORC)

c/o 64 Donegall Street, Belfast, BT1 2GT

web: [www.borc.org.uk](http://www.borc.org.uk)

*Community-based organisation whose objective is to establish and provide a resource centre in Belfast to serve the LGBT community.*

### Belfast Pride

web: [www.belfastpride.com](http://www.belfastpride.com)

*Organises Belfast's annual gay pride celebrations.*

### Cara-Friend

64 Donegall Street, Belfast, BT1 2GT

tel: (028) 9089 0202 [admin]

Gay Helpline: (028) 9032 2023

Lesbian Line: (028) 9023 8668

GLYNI Youth Group: [www.glyni.org.uk](http://www.glyni.org.uk)

web: [www.cara-friend.org.uk](http://www.cara-friend.org.uk)

*Cara-Friend operates Northern Ireland's gay & lesbian helpline services providing confidential information and befriending support. Gay & Lesbian Youth Northern Ireland (GLYNI), a project of Cara-Friend, is a youth group for young lesbian, gay & bisexual people aged 16-25 years. Contact Liam Larmour for more information.*

### Causeway LGBT Network

c/o Simon Community, 14 -16 Lodge Road,

Coleraine, BT52 1NB

tel: 07910980314

web: [www.causewaylgbt.co.uk/](http://www.causewaylgbt.co.uk/)

*A social and support group for the LGBT community in Portrush, Portstewart, Coleraine, Ballycastle, Ballymoney, Castlerock, Bushmills and Limavady.*

### Changing Attitude Ireland

web: [www.changingattitudeireland.org](http://www.changingattitudeireland.org)

*A network of people, gay and straight, working for the full affirmation of LGBT persons within the Church of Ireland.*

### Coalition on Sexual Orientation (CoSO)

64 Donegall Street, Belfast, BT1 2GT

tel: (028) 9089 0201

web: [www.coso.org.uk](http://www.coso.org.uk)

*An umbrella organisation for LGBT groups in Northern Ireland representing their views in government legislation and debates.*

### Dungannon/Cookstown LGBT Group

tel: Cara McCann on (028) 9089 0201

web: [www.bebo.com/DUngannoncookstL](http://www.bebo.com/DUngannoncookstL)

*Support/social group for the LGBT community in the Dungannon & Cookstown areas.*

### Fermanagh LGBT Group

tel: Cara McCann on (028) 9089 0201

web: [www.bebo.com/FErmanaghlgbt](http://www.bebo.com/FErmanaghlgbt)

*Support/social group for the LGBT community in the Fermanagh area.*

### Gay & Lesbian Across Down (GLAD)

PO Box 317, Bangor, BT20 9BU

tel: 07791 398 438

web: [www.gladni.org](http://www.gladni.org)

*Social/support group for gay, lesbian and bisexual people living in or visiting County Down.*

### **Gay Police Association (GPA)**

tel: 07841 538 972 (Vincent Creelan)  
email: vincecreelan@btopenworld.com  
web: www.gay.police.uk  
*Offers advice & support to gay police service employees.*

### **Gender Essence**

132a Upper Lisburn Road, Belfast, BT10 OBE  
tel: 0845 50 50 151 (Mon-Fri: 1-3pm)  
web: www.genderessence.co.uk  
*Counselling services for transgender, transsexual or intersexed persons of any age and lesbian, gay or bisexual young people under 18 years and their families.*

### **L+**

web: www.lplus.org.uk  
*L+ is a social and activity based group for older LGBT people*

### **Lesbian Advocacy Services Initiative (LASI)**

2nd Floor, 109-113 Royal Avenue, Belfast, BT1 1FF  
tel: (028) 9024 9452  
web: www.lasionline.org  
*Works to improve the quality of life and enhance the voices of lesbian and bisexual women in Northern Ireland.*

## **LGBT Societies / Student Societies**

### **Belfast Metropolitan College LGBT Society**

web: www.bebo.com/-bmc-lgbt

### **NUS LGBT**

web: www.nusonline.co.uk/lgbt/

### **Queen's University Belfast**

web: www.qublgbt.org.uk

### **University of Ulster LGBT Societies:**

Belfast: www.bebo.com/uublgbt  
Coleraine: www.bebo.com/uuclgbt  
Jordanstown: www.bebo.com/uujlgbt  
Magee: www.bebo.com/LGBT\_magee

### **USI LGBT Campaigns**

web: www.usilgbt.org/

### **LGBTherapy**

web: www.lgbtherapy.co.uk  
*Directory of LGBT counselling services in Northern Ireland.*

### **Light Writers Group**

email: lightwriters@hotmail.co.uk  
*Photography group for LGBT people and their friends.*

### **Limavady Gay Men's Support Group**

email: reid65@hotmail.com (Contact person: Mervyn Reid)  
*Support/social group for the LGBT community in the Limavady Area.*

### **Lisburn LGBT Group**

tel: 07596 164326  
web: www.lgbtlisburn.com/  
*Support/social group for the LGBT community in the Lisburn area.*

### **Live and Let Live Group**

2 Dacre Terrance, L'Derry, BT48 6JU  
tel: Sean Morrin @ The Rainbow Project for more info – (028) 7128 3030.  
*An AA support group for LGBT people. Meets every Wed. @ 8.30pm.*

### **Men of the North**

web: www.menofthenorth.com  
*Social group for gay/bi men 25 years and over that offer an alternative scene.*

### **Newry Rainbow Community (NRC)**

web: www.gaynewry.com  
*Information, befriending, support and advice for the LGBT community in the Newry area.*

### **Northern Ireland Gay Rights Association (NIGRA)**

c/o 64 Donegall Street, Belfast, BT1 2GT  
tel: (028) 9066 5257 or 07913 224163  
*LGBT equality issues, consultation, legal advice & 24 hour support for hate crime victims.*

### **Outburst Arts**

web: www.outburstarts.com/  
*An annual queer arts festival and creative initiative for Northern Ireland!*

### **Out & About Walking Group**

web: www.outnabout-ni.org.uk/  
*Belfast-based group who arrange monthly walks, occasional nights out and weekend trips for the LGBT community and their friends.*

## Out in the City

web: [www.gaynewry.com](http://www.gaynewry.com)

*Youth group for 16-20 year olds in the Newry area who are lesbian, gay or bisexual. Meets in the Magnet Centre, Hill Street.*

## Purple

web: [www.bebo.com/TransF1](http://www.bebo.com/TransF1)

Contact The Rainbow Project (Foyle) for more information.

*Support group for men and women currently or planning to change gender. Meets 1st and 3rd Tuesday of every month @ 630pm @ The Rainbow Project (Foyle Office)*

## Queerspace

64 Donegall Street, Belfast, BT1 2GT

web: [www.queerspace.org.uk](http://www.queerspace.org.uk)

*Community/social group for all members of the LGBT community.*

## Quire

web: [www.quire.org.uk](http://www.quire.org.uk)

*Belfast's first and only LGBT choir, performing at various events throughout Northern Ireland and beyond.*

## Strabane & Lifford LGBT Group

email: [stephen.birkett@btinternet.com](mailto:stephen.birkett@btinternet.com) (Contact: Stephen Birkett – Secretary)

web: <http://uk.geocities.com/strabanelgb@btinternet.com/>

*Information, support & social activities for LGBT in the Strabane & Lifford area.*

## The Gathering (Gay Men's Spiritual Group)

web: [www.gathering05.co.uk](http://www.gathering05.co.uk)

*For Gay/Bisexual men who wish to explore and develop the spiritual aspect of they are.*

## The HIV Support Centre

The Warehouse, 7 James Street South, Belfast, BT2 8DN

tel: (028) 9024 9268 or Confidential Freephone

Helpline: 0800 137437

web: [www.thehivsupportcentre.org.uk](http://www.thehivsupportcentre.org.uk)

*Information/support/advice on HIV & AIDS for men & women regardless of sexual orientation.*

## The Rainbow Project

Belfast Office  
2-8 Commercial Court  
Belfast  
BT1 2NB

Foyle Office  
12a Queen Street  
L'Derry  
BT48 7EG

t: (028) 9031 9030

f: (028) 9031 9031

t: (028) 7128 3030

f: (028) 7128 3060

email: [info@rainbow-project.org](mailto:info@rainbow-project.org)

web: [www.rainbow-project.org](http://www.rainbow-project.org)

*We promote gay and bisexual men's health & wellbeing by providing professional counselling services, support, information, advocacy, groupwork, outreach, drop-in, training, homophobic incident reporting, volunteering opportunities and research.*

*We have a centre in Belfast and one in Foyle, L'Derry.*

## Traveller & Gay

email: [travellerandgay@aol.com](mailto:travellerandgay@aol.com)

tel: (028) 9043 8265 [Contact Person: Mark Donahue]

*Support service for the gay travelling community in N. Ireland.*

## Ulster Titans RFC

email: [info@ulstertitansrfc.com](mailto:info@ulstertitansrfc.com)

web: [www.ulstertitansrfc.com](http://www.ulstertitansrfc.com)

*Northern Ireland's Gay Rugby Team.*

## UNISON LGBT Group (N. Ireland)

tel: Contact Sean Morrin @ The Rainbow Project for more info (028) 9031 9030

web: [www.unison.org.uk/out/](http://www.unison.org.uk/out/)

*Committed to working for LGBT rights at work.*

## SEXUAL HEALTH / G.U.M. SERVICES

### BELFAST: Royal Victoria Hospital

(028) 9063 4050

### COLERAINE: Causeway Hospital

(028) 7034 6028

### L'DERRY: Altnagelvin Hospital

(028) 7161 1269

### NEWRY: Daisy Hill Hospital

(028) 3083 5050

## NEWSPAPERS & MAGAZINES

### Gay Community News (GCN)

web: [www.gcn.ie](http://www.gcn.ie)

*Irish gay news and lifestyle magazine.*

### MSM

web: [www.rainbow-project.org](http://www.rainbow-project.org)

*A sexual health magazine produced by The Rainbow Project.*

## HELPLINES

### AIDS Helpline Northern Ireland

Daily: 09:00-17:00 and 19:00-22:00 **0800 137 437**

### Broken Rainbows – Domestic Abuse

Mondays & Thursdays 2pm - 8pm,

Wednesdays 10am - 1pm: **08452 60 44 60**

### Cara-Friend Gay/Bi Men's Helpline

Mon-Wed: 19:00-22:00 **(028) 9032 2023**

### Lifeline (N. Ireland counselling helpline)

Freephone: (24 hours) **0808 808 8000**

### Lesbian Line

Thurs: 19:30-22:00 **(028) 9023 866**

### London Lesbian & Gay Switchboard

Daily: 10am – 11pm 020 7837 7324

### Samaritans

24 hours: **08457 90 90 90**

### Trans Helpline – Butterfly Club

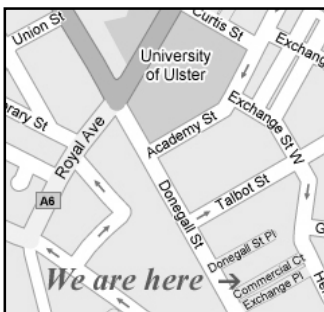
Wed: 20:00-22:00 **(028) 9267 3720**

## PSNI MINORITY LIAISON OFFICERS

You can also report Hate Crimes online at [www.psni.police.uk/index/hate\\_crime\\_reporting.htm](http://www.psni.police.uk/index/hate_crime_reporting.htm)

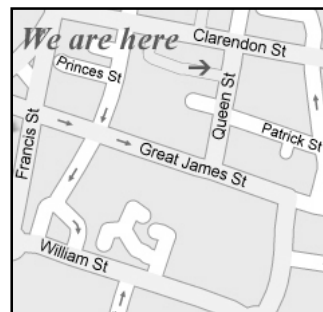
North Belfast	028 9025 9207
South Belfast	028 9070 0509
East Belfast	028 9025 9763
West Belfast	028 9025 9892
Antrim	028 9448 1657
Ards	028 9182 9041
Armagh	028 3752 1153
Ballymena	028 2566 4013
Ballymoney / Moyle	028 276 49 668
Banbridge	028 4062 1368
Carrickfergus	028 9025 9622
Castlereagh	028 9070 0314
Coleraine	028 7035 0906
Cookstown	028 7939 9406
Craigavon	028 3831 5355
Down	028 4461 1109
Dungannon & South Tyrone	028 8775 0503
Fermanagh	028 6632 1557
Foyle	028 7137 9751
Larne	028 2827 1055
Limavady	028 7776 6797
Lisburn	028 9260 0978
Magherafelt	028 7963 3701
Newry & Mourne	028 3083 2067
Newtownabbey	028 9025 9319
North Down	028 9147 4957
Omagh	028 8224 6177
Strabane	028 7137 980

## How to find The Rainbow Project:



(Belfast)  
2-8 Commercial Court  
Belfast BT1 2NB

Tel: (028) 9031 9030  
Fax: (028) 9031 9031



(Foyle)  
12a Queen Street  
L'Derry BT48 7EG

Tel: (028) 7128 3030  
Fax: (028) 7128 3060

Email: [info@rainbow-project.org](mailto:info@rainbow-project.org)  
Website: [www.rainbow-project.org](http://www.rainbow-project.org)